



**International Biophilia Rehabilitation Academy**

**Innovation of the rehabilitation medicine**

**PROPOSITION FROM EXPERIENCE**



# The 6th International Biophilia Rehabilitation Conference 2008, Warsaw, September 5, 2008

## Conference Program

**September 5, 2008**

**9:00-9:15**

**Opening address:** Prof. M. Pokorski (Warsaw), Takizawa Shigeo (Tokyo)

**Session I: Psychophysical Rehabilitation and Aging.**

**Chairman: Professor Mieczysław Pokorski (Warsaw) and Marcie Roth (USA)**

**9:15-9:45**

T. Shirasawa (Tokyo).

The secrets of longevity in Japanese centenarians.

**9:45-10:05**

K. Broczek and M. Mossakowska (Warsaw).

Physical activity and rehabilitation of centenarians living in Poland.

**10:05-10:30**

T. Shigeo (Tokyo).

The paradigm shift in rehabilitation medicine.

**10:30-11:00**

M. Roth (USA).

Working together in global partnership to improve the quality of life for all people with spinal cord injuries.

**11:00-11:30 COFFEE BREAK**

**Session II: Cardio-Pulmonary Rehabilitation.**

**Chairman: Professor Takuji Shirasawa (Tokyo) and Andrzej Ziemia (Warsaw)**

**11:30-11:50**

J. Antosiewicz and M. Pokorski (Warsaw).

Rehabilitation and prophylaxis in cough.

**11:50-12:10**

A. Żebrowska (Katowice, Poland).

Physiological responses to resistance exercise in men with and without left ventricular hypertrophy.

**12:10-12:40**

B. Korzycka-Zaborowska (Lodz, Poland).

Rehabilitation in chronic obstructive pulmonary disease.

**12:40-13:00**

D. Jastrzębski and J. Kozielski (Zabrze, Poland).

Is there room for respiratory rehabilitation in interstitial pulmonary diseases?

**13:00-14:00 LUNCH**

**Session III: Neuromuscular rehabilitation.**

**Chairman: Takizawa Shigeo (Tokyo) and Barbara Korzycka-Zaborowska (Lodz, Poland)**

**14:00-14:30**

R.M. Dębowska, K. Bazela, C. Vincent, K. Rosiewicz, and I. Eris.

Care of the skin post-radiotherapy.

**14:30-15:00**

H. Nagasawa (Japan).

Influence of the backward treadmill walking exercise in early Parkinson's disease.

**15:00-15:30**

A. Szuba (Wroclaw, Poland).

Complex physical therapy in treatment of lymphedema.

**15:30-16:00 COFFEE BREAK**

**16:00-16:30**

A. Ziemba (Warsaw).

Physical activity in preventing age related disorders.

**16:30-17:15**

L. Czerwosz (Warsaw).

Posturography as a means of rehabilitation.

**17:15-17:45**

Y. Morita, T. Kimura, T. Shigeo, H. Takada, K. Ushizawa, and A. Murakami (Japan).

The effects of a new tactic to decubitus ulcers in Japanese medical services: Verification by questionnaire to medical staff.

**19:00 Conference dinner at the historic Old Town in Warsaw**